



**WANT TO BE STRONGER,
POWERFUL, AND MORE
EXPLOSIVE?**



**6TH-8TH GRADE
FUNDAMENTAL
STRENGTH
TRAINING CAMP**

**WEEKLY FROM 6-7:15PM
AT NOBLESVILLE HIGH SCHOOL
(ENTER DOOR 17)**

- WEEK 1: TUESDAY, OCT 30**
- WEEK 2: WEDNESDAY, NOV 7**
- WEEK 3: WEDNESDAY, NOV 14**
- WEEK 4: TUESDAY, NOV 20**
- WEEK 5: WEDNESDAY, NOV 28**

BRIAN CLARKE, *SPORTS PERFORMANCE COORDINATOR FOR NOBLESVILLE ATHLETIC DEVELOPMENT*
Questions? Email Brian Clarke at CoachClarkeNAD@gmail.com

**REGISTER BY OCTOBER 17TH
nhswellness.org/paypal/speed-camp.php**

WE OFFER SIBLING RATES, DUAL-CAMP, AND GROUP DISCOUNTS. RETURN CAMPERS FROM FALL 2016 AND/OR SPRING 2017 WILL RECEIVE A \$10 DISCOUNT FOR THIS CAMP. CONTACT BRIAN CLARKE FOR THE DISCOUNT CODE.